

W's Legit series: Don't Worry!

Trust God's Heart

WORSHIP

You may sing worship songs together.

WELCOME

Worry Not. What *worries* you the most? Share briefly the reason/s for your worrying.

WORD

MATTHEW 6:25-34

²⁵ *"Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes?"* ²⁶ *Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?*

²⁷ *Can any one of you by worrying add a single hour to your life?*

²⁸ *"And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin."* ²⁹ *Yet I tell you that not even Solomon in all his splendor was dressed like one of these.* ³⁰ *If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith?* ³¹ *So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?'* ³² *For the pagans run after all these things, and your heavenly Father knows that you need them.* ³³ *But seek first his kingdom and his righteousness, and all these things will be given to you as well.* ³⁴ *Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.*

Discussion Questions:

1. What is the difference between concern and worry?

Share your own personal experience when you experience both.

2. In your own experience, which do you find more difficult: Obeying God or trusting God? Why?

Please share your own personal experience.

3. What obstacles may hinder you to stop worrying?

In what ways will you divert your *worrying* to *trusting*?

WORK

Close your time together in prayer.

WEEKLY PRAYER POINTS

I. Thanksgiving

- Worship God for who He is, what He has done, and what He will do in our lives

II. Country and the World

- Repentance and Salvation

III. Church

- That CCF Singapore Members would honor and love God and make disciples
- Core, Pastors, Leaders, and Families • Ministries and Churches worldwide

IV. CCF Singapore Facilities

- CCF Singapore Center • Equipments

V. Personal Concerns

- Deeper intimate relationship with God • Righteous living • Salvation of family and friends